# Community Outbreak of Norovirus Associated with Contaminated Drinking Water, Oklahoma, 2008

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### **Background: Outbreak Setting**

- Lakeside community
  - Located in Delaware County, Northeast OK
  - Residential properties
    - Primarily used as second homes during weekends and holidays
    - 30 condominiums and 12 lakefront homes
- Marina store and boat rental company available to general public
- Drinking water system: permitted, non-community well water system



### Initial Notification of Suspected Outbreak

- July 7, 2008: Oklahoma State Department of Health (OSDH), Acute Disease Service (ADS) notified of suspected outbreak
  - At least 13 individuals experienced gastroenteritis
  - Illnesses occurred among residents and guests after staying at the lakeside community for the Fourth of July weekend
  - Outbreak investigation initiated
- Oklahoma Department of Environmental Quality (DEQ)
  - Boil advisory issued July 8: fecal coliform + samples



### Methods: Epidemiologic Investigation

- Retrospective cohort investigation
  - Attempted to interview all residents and guests who visited at least one day from June 25 through July 11, 2008, or
  - Rented a boat from the marina store during the same timeframe
  - ADS personnel conducted interviews using a standard outbreak questionnaire to obtain:
    - Demographic information
    - Clinical history
    - Exposure information
    - Specimen collection



### **Methods: Case Definition**

### Confirmed case:

 Person who visited the lakeside community from June 25 through July 11 and developed diarrhea and/or vomiting within 72 hours of staying or visiting the community with laboratory evidence of norovirus.

### Probable case:

 Person who visited the lakeside community from June 25 through July 11 and developed diarrhea and/or vomiting within 72 hours of last date of visitation.



### **Environmental Investigation Methods**

- Evaluation of well water system
  - History of water quality measurements, chlorination records and maintenance
  - History of maintenance and modifications to the system
- Evaluation of sewage treatment system
  - Distribution of the system compared to water system
  - Potential for cross connections and contamination of the water system
- Environmental sample collection



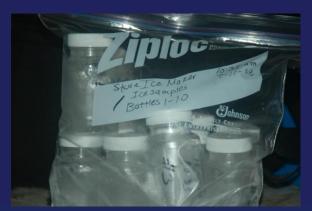
### **Laboratory Methods: Clinical Specimens**

- Stool specimens requested
  - All persons that met the probable case criteria
  - Submission via clinical visit or county health department collection
- OSDH Public Health Laboratory
  - Culture for enteric pathogens, Shiga-toxin by EIA
  - RT-PCR testing for norovirus genogroup I and II
- CDC
  - Norovirus genetic sequencing



### **DEQ Laboratory Methods: Water samples**

- Water samples collected by ADS and DEQ
  - Well system, residences, and marina store
  - Ice and water heater samples from residences and store
- DEQ laboratory testing
  - Presence/absence of fecal coliforms
  - Presence/absence E. coli
  - Total coliform and E. coli most probable number methods





# Laboratory Methods: Norovirus RT-PCR Testing of Water Samples

- Water samples collected for norovirus RT-PCR
  - Ultrafiltration sample from well
  - Marina store ice machine sample using surfactant solution
  - Backflush sample from sand filtration system
  - Additional water heater samples







## Results: Case finding and retrospective cohort

- Total number of residents/visitors interviewed: 120
  - 114 (95%) residents and guests
  - 6 (5%) boat rental customers
- Number of cases: 62 (52%)
  - 7 (11%) confirmed norovirus GI
  - 55 (89%) met probable case definition



### Demographic information of Cases and non-ill

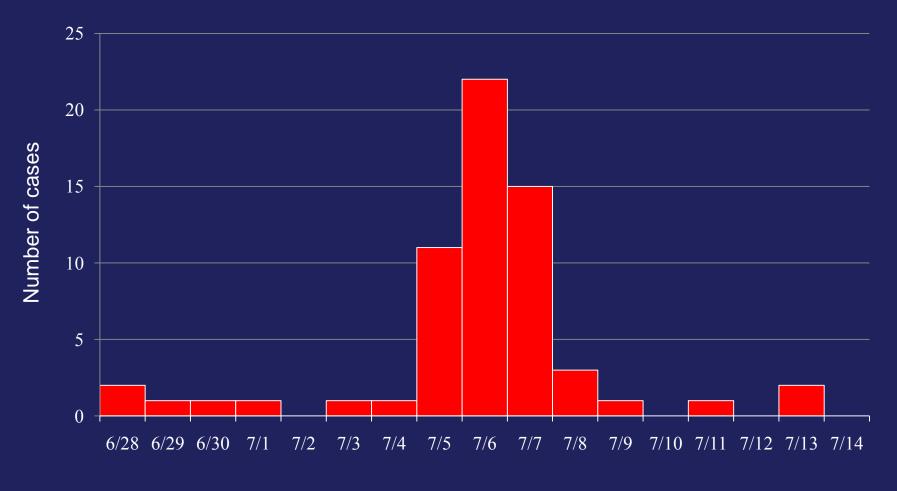
	Cases (N=62)	Non-ill (N=58)
Age (Range & Median)	4-90 (median: 34 years)	2 months-81 (median: 38)
Gender		
Male	31 (50%)	31 (53%)
Female	31 (50%)	27(47%)
State of Residence		
California	1 (1.6%)	1 (1.7%)
Illinois	1 (1.6%)	1 (1.7%)
Kansas	2 (3.2%)	0
Kentucky	4 (6.4%)	0
Missouri	3 (4.8%)	3 (5.2%)
Oklahoma	46 (74.2%)	51 (87.9%)
Texas	4 (6.4%)	2 (3.4%)
Virginia	1 (1.6%)	0



### Frequency of Symptoms Reported by Cases

Symptom	Number (%)		
Fever	25 (42%)		
Abdominal cramps	53 (85%)		
Loss of appetite	51 (86%)		
Diarrhea (≥3 loose stools/24 hours)	54 (87%)		
Watery Diarrhea	45 (83%)		
Bloody Stool	2 (3%)		
Mucous in Stool	4 (6%)		
Vomiting	36 (58%)		

### Date of Symptom Onset of Cases, Lakeside Community Norovirus Outbreak Investigation, Oklahoma, June - July 2008 (N=62)





# Association of Lakeside Community Exposures and Gastrointestinal Illness, Norovirus Outbreak Investigation, Oklahoma, July 2008

	Exposed		Not exposed		Relative Risk
	Case	Non-case	Case	Non-case	(95% CI)
Townhouse ice	38	9	21	24	1.73 (1.23, 2.44)
Townhouse tap water	28	11	27	22	1.30 (0.95, 1.79)
Marina faucet water	1	1	59	55	0.97 (0.24, 3.91)
Marina ice	16	8	45	48	1.38 (0.97, 1.96)
Townhouse ice or					
townhouse tap water	44	15	13	19	1.84 (1.18, 2.68)
Townhouse ice or					
marina ice*	43	11	19	47	2.77 (1.85, 4.14)
Water exposures					
combined^	51	19	11	38	3.25 (1.89, 5.57)
Swim in Lake water	42	35	20	22	1.15 (0.79, 1.67)
Any lake water exposure	56	51	6	7	1.03 (0.91, 1.16)

<sup>\*</sup>Ice produced from the marina well water source

<sup>^</sup>Water exposures combined include any community well water system exposure such as townhouse ice, townhouse tap water, marina ice, or marina water.



### Results: Environmental Investigation

### Environmental assessments

- Community water supply did not meet standards for construction or maintenance
- Potential for cross-connections and contamination from sewage treatment system and lake

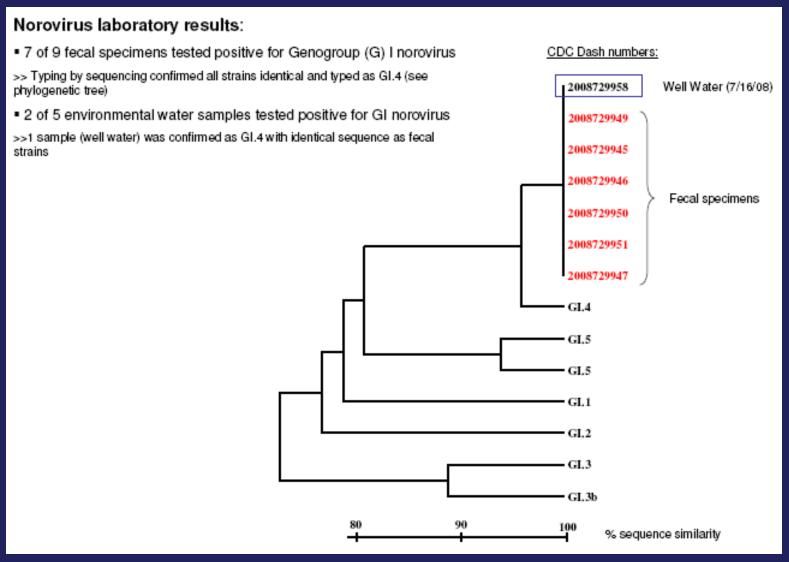


# Environmental Specimen Results for Bacteriologic Testing Performed by the Oklahoma Department of Environmental State Laboratory

Collection date	Environmental Specimen Description	Results
7/7/2008	100ml water sample (Condo #27)	Positive coliform and Fecal coliform
7/7/2008	100ml water sample (Marina Water)	Positive coliform and Fecal coliform
7/11/2008	100ml water sample (Condo #1 – water heater)	Positive coliform (TC=42) and Fecal coliform
7/11/2008	100ml water sample (Marina ice maker)	Positive coliform (TC=14) and Fecal coliform
7/11/2008	Ice (Condo #18)	Positive coliform (TC=2) and Fecal coliform
7/11/2008	Ice Sample (Condo #11)	Positive coliform (TC=>200), negative fecal coliform
7/16/2008	100ml water sample (Well #1)	Positive coliform (TC/MPN=>200.5) and Fecal coliform (EC/MPN=>200.5)



### CDC Enteric and Environmental Specimen Results for Norovirus RT-PCR Testing



### Recommendations

- DEQ issued an emergency order requiring discontinuation of the well system
  - Order based on epidemiologic, environmental, and laboratory results
  - Community connected to nearby rural water system
- Recommendations to residents:
  - Discard initial batches of ice, coffee, and flush water using household appliances
  - Run tap water for at least one minute to drain pipes



### **Summary**

- Epidemiologic, environmental, and laboratory results indicated an outbreak of norovirus was due to a contaminated well water system
- Environmental assessment indicated the well system did not meet construction and maintenance standards
- First reported application of the dead-end hollow fiber ultrafiltration sampling method to successfully recover norovirus in an outbreak setting



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